**Weekly Schedule**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 12:00am |  |  |  |  |  |  |  |
| 1:00am | bed | bed | bed | bed | bed | bed | bed |
| 2:00am |  |  |  |  |  |  |  |
| 3:00am |  |  |  |  |  |  |  |
| 4:00am |  |  |  |  |  |  |  |
| 5:00am |  |  |  |  |  |  |  |
| 6:00am |  |  |  |  |  |  |  |
| 7:00am | Jog for 30 min |  |  |  |  |  | Jog for 30 min |
| 8:00am |  |  |  |  |  |  |  |
| 9:00am | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up |
| 10:00am | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 11:00am | Shower/get dressed | Shower/get dressed | Shower/get dressed | Shower/get dressed | Shower/get dressed | Shower/get dressed | Shower/get dressed |
| 12:00pm |  | Study/readings | Study/readings | Study/readings | Study/readings | Study/readings |  |
| 1:00pm |  | Study/readings | class | Study/readings | class | Study/readings |  |
| 2:00pm |  | class |  | class |  | class |  |
| 3:00pm |  | class | class | class | class |  |  |
| 4:00pm |  |  |  |  |  |  |  |
| 5:00pm |  |  |  |  |  |  |  |
| 6:00pm | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| 7:00pm |  |  |  | Class |  |  |  |
| 8:00pm | Watch once upon a time |  | Community Council meeting |  | Watch grey’s anatomy |  |  |
| 9:00pm |  |  |  |  | Watch scandal |  |  |
| 10:00pm |  |  |  |  |  |  |  |
| 11:00pm |  |  |  |  |  |  |  |