**Scaffolding Assignment 4**

Topic: The Effects of Vaping on Oral and Cardiopulmonary health

Paragraph One: Introduction

1. What is vaping and hoe does it compare/ contrast to smoking?
2. Statistics: Smoking vs. Vaping
3. Thesis statement: By vaping instead of smoking, people can positively impact oral and cardiopulmonary health.

Paragraph Two: Oral effects seen from vaping vs. smoking

1. Gingival changes
2. Incidences in periodontal disease with vaping and smoking.

Paragraph Three: Cardiopulmonary effects seen in vaping and smoking

1. Overall change in health status
2. Heart and lung disease reduction
3. Blood flow and breathing changes

Paragraph Four: Pros and cons of vaping

1. Health status changes
2. Nicotine vs. non nicotine juices

Paragraph Five: Conclusion

1. Basic recap
2. How do these changes affect dental hygiene?

After reviewing my rough draft, I see several areas in which I plan to expand to allow for more pertinent information. Paragraphs 2-4 will all be split into different paragraphs to allow for expansion of the subtopics. I feel that expanding these areas will allow for a more thorough explanation of my topic, and allow the reader changes to form their own opinions based upon the information I can provide them with. I want this paper to be an encouragement to those that read it; if they are smokers, I want them to have all of the information they may need to see that there are alternatives to smoking that can decrease their withdrawal symptoms while increasing their health and quality of life.